

KOOL-AID ROCK CANDY

Materials (per rock candy color)

•2-3 Cups Sugar •1 Cup Water •Skewers •Jar or Glass •Large Saucepan •Clothespins

Optional Additions: •Kool-aid Packets

Method

1. Combine equal parts of sugar and water in a saucepan and heat until all of the sugar is dissolved
2. Slowly add more sugar and mix. Add more sugar and mix until the sugar will no longer dissolve in the water
3. The water should start to look a little cloudy. That is when you know that no more sugar is dissolving and the perfect sugar saturation has been reached
4. The amount of sugar verses water used should be roughly 3:1
5. Continue to heat the water until it comes to a simmer
6. Let cool

Preparing the Candy Sticks

7. Cut the skewers to a desirable size for the jar(s) that you are using
8. Soak skewers in a container of water for at least one hour
9. Remove the sticks and roll them in sugar
10. Set the sugar-coated sticks aside and allow them to dry

Prepping the Jars

11. Once your sugar-water is cool enough (#6), pour it into jars
12. If you are making multiple colors, add Kool-Aid packets now, one jar for each color
13. Once the sticks are dry carefully place them into the jars securing with clothespin at the top

You want to make sure that the sugar-coated sticks are completely dry before placing them in the jars. The rock candy needs the sugar on the sticks to grow, and if the sugar isn't dry it will dissolve in the water. It is also important to make sure that the sticks are not touching the bottom or sides of the jar.

After 1 week your rock candy can be removed from the jars or you can grow your rock candy longer if desired. Once you're ready, remove the candy sticks from the jars, and place them on a clean surface to dry. Once dry, enjoy!